

Updated Jan 1st, 2014

<u>Name</u>	<u>Age</u>	<u>Event</u>	<u>Meet</u>	<u>Date</u>	<u>Record</u>
<b><u>60</u></b>					
Xavier Kristen	9	60	BCJD Championships	28/07/2012	9.35
Leornado Aversa	10	60	South Fraser	May-08	8.92
Leornado Aversa	11	60	Langley	Jun-09	9.08
<b><u>100</u></b>					
Xavier Kristen	9	100	BCJD Championships	28/07/2012	15.65
Jake Powrie	10	100	Trevor Craven	7/5/2003	14.55
Max Marshall	11	100	BCJD Championships	7/28/2012	13.49
Max Marshall	12	100	BC Elementary	25/05/2013	13.41
Jordan Kan	13	100	BCJD Championships	7/23/2004	12.15
Jordan Kan	14	100	Jack Brow	7/1/2005	11.90 (2.9 W)
Matthew Chan	15	100	Canadian Legion	8/18/2012	11.41
Matthew Chan	Youth	100	BC Jamboree - Kamloops	20/07/2013	11.24
Chad Dormer	Junior	100	Class 5A State	7/27/2002	10.77 1.1
Shane Niemi	Senior	100	BC Championships	7/15/2001	10.68 -1.3
Doug Powrie	40-44	100	Langley, BC	6/19/2004	15.05 NWI
Reidar Zapt - Gilje	50-54	100	Duncan, BC	6/11/2005	13.88 -2.7
Reidar Zapt - Gilje	50-54	100	Burnaby, BC	7/20/2004	13.30 0.2 HT
<b><u>200</u></b>					
Zane Heyes	9	200	Langley Pacific	19/06/2004	32.75
Jake Powrie	10	200	Jack Brow	6/27/2003	30.57
Luka Dolman	11	200	BCJD	2012	27.68
Paul Fisher	12	200	Eagle Classic	2012	27.57
Jordan Kan	13	200	Jack Brow	7/2/2004	25.87
Jordan Kan	14	200	Jack Brow	7/1/2005	24.46 (3.1 W)
Matthew Chan	15	200	Canadian Legion	19/08/2012	23.23
Eugene Su	Youth	200	Bryan Clay Inv. Azusa CA	4/18/2009	23.24 0.0
Chad Dormer	Junior	200	Class 5A State	5/19/2001	21.99 -1.2
Shane Niemi	Senior	200	Edmonton/Pomona	6/24/2001, 4/24/2001	20.61 1.8
Marc Samson	40-44	200	World Masters Edmonton	7/26/2005	24.60 1.3
Reidar Zapt - Gilje	50-54	200	Burnaby, BC	8/10/2004	26.80 0.0 HT
<b>300</b>					
Quinn Litherland	12	300	BC Elementary	2012	45.01
Matthew Chan	13	300	BCA Jamboree	15/07/2012	38.04
<b><u>400</u></b>					
Zane Heyes	9	400	Langley Pacific	19/06/2004	1.19.62
Scott Munro	10	400	BCJD Championships	7/21/2006	1.14.35
Max Marshall	11	400	BCJD Championships	7/14/2000	1.09.50
Andrew de Visser	12	400	BCJD Championships	7/12/2008	1.07:18
Andrew de Visser	13	400	Jack Brow	6/29/2009	59.50
Dylan Sydneysmith	14	400	Valley Royals	5/6/2006	55.45
Tim Smith	15	400	BCHS Burnaby	6/2/2006	50.70
Reid Gustavson	Youth	400	BCHS Burnaby	6/4/2004	49.89

Jeremy Gossa	Junior	400		7/4/2004	49.23
Shane Niemi	Senior	400	Francophone Games	7/21/2001	44.86
Reidar Zapt - Gilje	50-54	400	Burnaby, BC	7/20/2004	59.60 HT

### **600**

Xavier Kristen	9	600	BCJD Elementary	6/1/2012	1.57.00
Xavier Kristen	10	600	Nanaimo	13/06/2013	1.52.80
Luka Dolman	11	600	BCJD	2012	1.54.75

### **800**

Michael Mitchell	9	800	Jack Brow, Kelowna	28/06/2009	2.49.23
Michael Mitchell	10	800	BC Elementary	5/29/2010	2.41.21
Max Marshall	11	800	BCJD Championships	7/14/2000	2.32.15
Paul Fisher	12	800	Burnaby	2012	2.25:15
Justin Marpole Bird	13	800	BCJD Championships	2001	2.15.8
Justin Marpole Bird	14	800	Trevor Craven	7/7/2002	2.06.80
Christian Gravel	15	800	Canadian Youth	8/8/2009	2.00.9
Christian Gravel	Youth	800	White Rock	26/07/2011	1:53:92
Christian Gravel	Junior	800	White Rock, BC Canadian	07/07/2012	1.51.6
Chris Williams	Senior	800	Championships, Victoria	7/11/2004	1.49.20

### **1000**

Xavier Kristen	9	1000	BCJD Championships	28/07/2012	3.33.38
Xavier Kristen	10	1000	BC Elementary	25/05/2013	3.34.50
Jack McColl	11	1000	Jesse Bent	2012	3.32.1

### **1200**

Nico Quinn	12	1200	BC Elementary	25/05/2013	4.10.16
Calum McKenzie	13	1200	Coquitlam	08/06/2013	4.03.5
	14				
Roberto Pelayo Mazzone	15	1200	BC Jamboree, Kamloops	21/07/2013	3:29:00

### **1500**

Piers Von Dadelszen	9	1500	South Fraser	16/06/2009	5.53.25
Jake Powrie	10	1500	BC Elementary	2003	5.54.45
Max Marshall	11	1500	BC Elementary	7/14/2000	5.13.35
Anthony Jacob	12	1500	Trevor Craven	7/2001	5.06.66
Justin Marpole Bird	13	1500	All Comers Burnaby	7/1/2001	4.36.60
Justin Marpole Bird	14	1500	All Comers Burnaby Hershey Harriers All	7/16/2002	4.18.90
Justin Marpole Bird	15	1500	Comers	7/29/2003	4.06.80
Justin Marpole Bird	Youth	1500	All Comers Burnaby	7/26/2005	3.47.4
Justin Marpole Bird (Youth)	Junior	1500	All Comers Burnaby	7/26/2005	3.47.4
Justin Marpole Bird	Senior	1500	NTL - Halifax, N.S.	7/7/2012	3.40.79
Doug Powrie	40-44	1500	Langley, BC	6/19/2004	5.52.80
Reidar Zapt - Gilje	50-54	1500	Duncan, BC	6/11/2005	5.10.10

## 1 Mile

Justin Marpole Bird (Indoor)	Senior	1 Mile	Husky Indoor (Washington)	13/02/2010	3.58.76
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## 2000m

Calum McKenzie	13	2000	Burnaby	06/07/2013	7.18.02
	14				
Brodie Marshall	15	2000	BC Jamboree, Kamloops	21/07/2013	6:21:20

## 3000

Justin Marpole Bird	13	3000	All Comers Burnaby	7/1/2001	9.47.50
Justin Marpole Bird	14	3000	All Comers Burnaby Hershey Harriers HP	9/7/2002	9.17.70
Justin Marpole Bird	15	3000	meet	7/23/2003	8.59.4
Justin Marpole Bird	Youth	3000	All Comers Burnaby	8/2/2005	8.20.00
Justin Marpole Bird (Youth)	Junior	3000	All Comers Burnaby	8/2/2005	8.20.00
Justin Marpole Bird (Indoor)	Senior	3000	Texas A & M Challenge	1/30/2010	7.57.13

## 2 Mile

Justin Marpole Bird	14	2 MILES	Fred Rowell	4/13/2002	10.39.10
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## Race Walk

Spencer Terry	10	1000RW	Nanaimo	13/07/2013	6.14.81
Isaac Powrie	11	800RW	BCJD Championships	7/25/2003	5.16.03
Matthew Kieffer	12	800RW	Coquitlam	08/06/2013	5.11.5
Issac Powrie	13	1500 RW	BCJD Championships	Jul 15-17, 2005	8.42.30

## Steeplechase

Justin Marpole Bird	14	1500M SC	JD Championships	7/25/2002	4.47.58
Justin Marpole Bird	Youth	2000M S/C	BC High Schools final	6/4/2005	6.07.78
Christian Gravel	Junior	2000M S/C	BC High Schools final	02/06/2012	6.01.67

## Sprint Hurdles

Xavier Kristen	9	60H	BCJD Championships	28/07/2012	11.39
Jake Powrie	10	60H	Trevor Craven	7/5/2003	11.12
Luka Dolman	11	60H	BCJD Champs	2012	9.87
Jake Powrie	12	80H	Jack Brow	Jul 1-3, 2005	12.95
Joel Newbert	13	80H	BC Elementary	5/2001	12.05
Andrew de Visser	14	100H	Jack Brow	7/3/2010	14.27
Andrew de Visser	15	100H 33"	BCJD Championships	6/25/2011	13.62
Joel Newbert	Youth	100H 36"	Sudbury, On	8/7/2004	15.29 -0.6
Andrew De Visser	Youth	110H 36"	Remax Twilight	10/06/2013	14.48
Ben Daly Grafstein	Junior	110H 39"	BCHS Burnaby	6/12/2012	14.93
Aaron Dixon	Junior	110H 42"	Abbotsford	7/23/2005	15.99 1.5
Yves McDavid	Senior	110H 42"	Seattle, Wash	5/15/2004	15.37 -1.8
Reidar Zapt - Gilje	50-54	100H	Langley, BC	6/19/2004	16.69 NWI

### Intermediate Hurdles

Jake Powrie	11	200H	BCJD Championships	7/23/2004	32.16
Jake Powrie	12	200H	Trevor Craven	Jul 9-10, 2005	29.68
Kelsey Irwin	13	200H	Garriock	2001	28.50
Isaac Jacobsen	14	300H	BCJD	Jul 21,2006	48.61
Geoffrey Law	15	300H	BC Summer Games	7/16/2004	41.08
Ethan Strome	Youth	300H 33"	BC Jamboree Kamloops	20/07/2013	38.70
Ryan Chester	Youth	400H	BCHS Burnaby	6/2/2006	54.86
Ryan Chester	Junior	400H	BCHS Burnaby	6/2/2006	54.86
Nick Stewart	Senior	400H	Fresno, CA	5/19/2001	50.26
Marc Samson	40-44	400 H	World Masters Edmonton	7/26/2005	58.85

### High Jump

Xavier Kristen	9	High Jump	BCJD Championships	28/07/2012	1.10
Xavier Kristen	10	High Jump	Burnaby	06/07/2013	1.32
Jake Powrie	10	High Jump	Jack Brow	6/27/2003	1.32
Jake Powrie	11	High Jump	BCJD Championships	7/23/2004	1.42
Jake Powrie	12	High Jump	BCJD Pentathlon	6/25/2005	1.48
Andrew de Visser	13	High Jump	BC Pentathlon	7/18/2009	1.60
Cameron Miller	14	High Jump	BC Summer Games	8/2/2002	1.54
Tim Smith	15	High Jump	BC HS Swangard	6/2/2006	1.80
Reid Gustavson	Youth	High Jump	Abbotsford, BC	6/26/2004	1.96
Bashir Khan	Junior	High Jump	BC Jamboree	2012	2:00
Mike Mason	Senior	High Jump	Greece & Lithuania	2008	2.27

### Long Jump

Piers von Dadelszen	9	Long Jump	Eagle Classic	2009	3.54
Jake Powrie	10	Long Jump	Jack Brow	6/27/2003	3.96
Jake Powrie	11	Long Jump	Langley Pacific	6/19/2004	4.22
Jake Powrie	12	Long Jump	BC Elementary	May 27-29	4.71
Andrew de Visser	13	Long Jump	BC Elementary	5/23/2009	4.97
Andrew de Visser	14	Long Jump	Canadian Legion	8/10/2010	5.89
Andrew de Visser	15	Long Jump	BCHS	2011	6.42
Ahmad Nizamani	Youth	Long Jump	BCHS Champs	2013	6.95
Reid Gustavson (Youth)	Junior	Long Jump	Abbotsford, BC	6/26/2004	6.52 1.0
Reid Gustavson	Senior	Long Jump	NAIA Championships	2007	7.08
Reidar Zapt - Gilje	50-54	Long Jump	Langley, BC	6/19/2004	5.11 NWI

### Triple Jump

Jake Powrie	11	Triple Jump	Langley Pacific	6/19/2004	9.11
Jake Powrie	12	Triple Jump	Junior Olympics	May 20-23, 2005	10.14
Jake Powrie/Andrew de Visser	13	Triple Jump	BCJD Championships	7/23/2006 & 2009	10.53
Chris D'arcy	14	Triple Jump	Trevor Craven	6/10/2006	11.36
Kyle Kunzer	15	Triple Jump	Jack Brow	6/27/2003	10.29
Kyle Kunzer	Youth	Triple Jump	Jack Brow	7/3/2004	10.37 0.2
Basher Khan	Junior	Triple Jump	BCHS	2012	12.90 1.1
Basher Khan (jnr)	Senior	Triple Jump	BCHS	2012	12.90 -1.3

Reidar Zapt - Gilje	50-54	Triple Jump	Duncan, BC	6/11/2005	10.33	NWI
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### Pole Vault

Geoffrey Law	14	Pole Vault	BC Midget Championships	7/12/2003	2.20
Geoffrey Law	15	Pole Vault	BCJD Championships	7/23/2004	3.20
Geoffrey Law	Youth	Pole Vault	STG AllComers	6/7/2006	4.15
Geoffrey Law	Junior	Pole Vault	Seattle, Washington	May 2007	4.70
Geoffrey Law (Junior)	Senior	Pole Vault	Seattle, Washington	May 2007	4.70
Reidar Zapt - Gilje	50-54	Pole Vault	Duncan, BC	6/11/2005	3.00

### Discus

Xavier Kristen	10	Discus	Nanaimo	13/07/2013	14.17
Jess Jordan	11	Discus	BCJD Championships	7/14/2000	21.32
Isaac Meade	12	Discus	BCJD	7/23/2004	23.36
Joel Newbert	13	Discus	BCJD Championships	2001	27.98
Isaac Jacobsen	14	Discus	<b>To be updated</b>		31.05
Hai Minh Nguyen	15	Discus	BC Summer Games	2012	38.16
Mike Clapson	Youth	Discus	Jack Brow	7/3/2004	30.13
		Discus 1.75			
Dan Mezheritsky	Junior	kg	Bridgetown, Barbados	7/19/2003	44.97
Dan Mezheritsky	Junior	Discus 2.0 kg	Olathe, Kansas	5/23/2003	42.45
Dan Mezheritsky	Senior	Discus	Victoria, BC	7/10/2004	42.60
Reidar Zapt - Gilje	50-54	Discus	Duncan, BC	6/11/2005	36.48

### Javelin

Xavier Kristen	10	Javelin	Nanaimo	13/07/2013	18.93
Jake Powrie	11	Javelin	BCJD Championships	7/23/2004	26.93
Jake Powrie	12	Javelin	Cheetahs Invitational	6/8/2005	22.44
Zayne Heyes	13	Javelin	BCJD Championships	7/12/2008	28.96
Chris D'arcy	14	Javelin	Cheetahs Invitational	10/6/2006	39.26
Joel Newbert	15	Javelin	Dogwood	5/24/2003	29.38
Jacob Cutts	Youth	Javelin	BC Jamboree Kamloops	20/07/2013	51.02
Dan Mezheritsky	Junior	Javelin	Olathe, Kansas	5/23/2003	54.56
Dan Mezheritsky	Senior	Javelin	Victoria, BC	7/10/2004	52.27
Reidar Zapt - Gilje	50-54	Javelin	Duncan, BC	6/11/2005	40.88

### Hammer

Jake Powrie	12	Hammer	Langley Pacific	Jun 18-19, 2005	19.58
Jake Powrie	13	Hammer	Langley Pacific	Jun 18-19, 2006	23.50
Hai Minh Nguyen	15	Hammer	BC Summer Games	2012	31.97
Shawn McIsaac	Senior	Hammer	Abbotsford, BC	7/23/2005	46.69
Reidar Zapt - Gilje	50-54	Hammer	Duncan, BC	6/11/2005	32.78

### Shot Put

Piers von Dadelszen	9	Shot Put	BC Elementary	23/05/2009	6.35
Graham Lee	10	Shot Put	BCJD Championships	7/23/2004	7.00
Jake Powrie	11	Shot Put	BCJD Championships	7/23/2004	8.80
Jake Powrie	12	Shot Put	BCJD Championships	6/25/2005	8.30
Issac Powrie	13	Shot Put	BCJD Championships	7/16/2005	10.42
Isaac Powrie	14	Shot Put	Dogwood		10.39
Joel Newbert	15	Shot Put	BCJD Championships	7/25/2003	12.14
Reid Gustavson	Youth	Shot Put 5.0 kg	Clermont, FLA	3/23/2005	15.15
Reid Gustavson	Youth	Shot Put 5.43kg	Dec. Abbotsford	5/28/2004	11.69
Reid Gustavson	Youth	Shot Put 6.0 kg	Jack Brow, Kelowna	7/4/2004	11.18
Aaron Dixon	Junior	Shot Put 5.43 kg	Dec. Abbotsford	5/7/2005	11.72
Dan Mezheritsky	Junior	Shot Put 7.26 kg	Olathe, Kansas	5/23/2003	12.72
Dan Mezheritsky	Senior	Shot Put	Victoria, BC	7/9/2004	14.13
Doug Powrie	40-44	Shot Put	Langley, BC	6/19/2004	7.94

### **Combined Events**

Xavier Kristen	9	Pentathlon	BCJD Pentathlon	23/06/2012	1432
Xavier Kristen	10	Pentathlon	BCJD Pentathlon	22/06/2012	1879
Jake Powrie	11	Pentathlon	BCJD Pentathlon	7/16/2004	2245
Jake Powrie	12	Pentathlon	BCJD Pentathlon	6/25/2005	2754
Andrew de Visser	13	Pentathlon	BCJD Pentathlon	7/18/2009	3060
Isaac Jacobsen	14	Pentathlon	BC Pentathlon Orlando, Florida		2639
Reid Gustavson	Youth	Octathlon	Octathlon	Mar 22-23, 2005	5848
Reid Gustavson	Youth	Decathlon	Abbotsford, BC	6/26/2005	6205
Reid Gustavson	Junior	Decathlon	Sherbrooke, Canadian Jr	2006	7080
Reid Gustavson(Junior)	Senior	Decathlon	Sherbrooke, Canadian Jr	2006	7080